



4020 Minnesota Avenue, NE – Washington, DC 20019 – (Office) 202-397-7300 – (Fax) 202-397-7882

Parent Education and Support Program (PESP) Referral Form

Referring Person's Information

Name	
Agency	
Phone	
Email	
Date	

Client's Information

Name	
Date of Birth	
Gender	
Address	
Phone Number	
Number of Children (Under 18)	
Ages of Children	

Please Select the Program/s or Workshop/s You are Recommending

EFFECTIVE BLACK PARENTING

Effective Black Parenting Program (EBPP) provides strategies that encourage cultural identity, teach effective communication between family members, promote family values, and build self-esteem in children. This program runs for 15 weeks and is used with small groups of parents with children ages 9 to 17.

NURTURING PARENTING

Nurturing Parenting Program (NPP) is a 10-week skill building program that is family centered and designed to build nurturing skills as an alternative to less effective child-rearing practices. This program is for parents with children between the ages of 0-8.

PASTA - Parenting A Second Time Around

PASTA is a parenting program that is designed for relative caregivers who are not the biological

Please email all referrals to PESP@erfsc.org

parents of the children in their care. The curriculum runs over 8 weeks. The program provides grandparents and other kinship caregivers with information, skills, and resources to enhance their ability to effectively parent their relatives.

SAFE SLEEP TRAINING

This 1-hour training focuses on reducing a baby's risk of sudden infant death syndrome (SIDS) at home and in childcare settings using safe sleeping practices.

DOMESTIC VIOLENCE

A 4-week workshop series to create awareness and promote discussion around the sensitive issue of domestic abuse and dating violence.

ANGER ALCOHOL AND ABUSE

A 4-week workshop series that focuses on helping people learn how to identify anger triggers and manage complicated feelings in a healthy, productive way.

CHILD ABUSE PREVENTION

A 4-week workshop to distinguish between various types of abuse and neglect, determine steps for reporting such acts, and analyze ways of breaking the cycle of abuse.

STEWARDS OF CHILDREN

This workshop runs once month and it teaches adults how to prevent, recognize, and react responsibly to child sexual abuse.

MONEY POWER RESPECT

This is a 2-3-hour financial wellness program that teaches the ability to understand and effectively use various financial skills including personal financial management, budgeting, and investing.