

# Annual Report FY 2018



# Our Mission

The mission of East River Family Strengthening Collaborative, Inc. (ERFSC) is to empower families, youth, seniors and communities to become more self-sufficient through integrated and collaborative community based services utilizing evidence based practices that are family focused and person-centered.

We do this by collaborating with community residents and organizations (public and private) to:

- Reduce the number of children from entering the child welfare system of care;
- Increase supports to families;
- Provide services to prevent homelessness;
- Increase financial self-sufficiency;
- Decrease youth violence; and
- Ensure that persons with disabilities and older adults have the same rights and responsibilities as other people.

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# Message from the Executive Director & Board Chair

*As you will see throughout this report, we continued to make great strides in accomplishing the East River Family Strengthening Collaborative (ERFSC) mission in fiscal year 2018. We cannot stop and rest on these successes. ERFSC is well positioned and will continue to build upon its great legacy, working alongside our board members, stellar staff and community partners in pursuing our major goals. With the uncertainty of the recent political climate and budget cuts, we are dedicated to ensuring that residents throughout Ward 7 continue to get the services and support they deserve. As always, it seems that we at ERFSC have our work cut out for us: housing, homelessness, unemployment and underemployment, youth violence and truancy, continue to run rampant in our city. That said, we are confident that we can and will rise to the challenges before us. We are also immensely grateful to people like you, whose engagement and support make this work possible at our agency. Over the past twenty-two years our theme has been a Community United; focusing on raising awareness for the enrichment of our children and families. We have served the community through various linkages, referrals, trainings and we'd like to extend our sincerest gratitude to our network of partners that grew organically from this movement.*

*During fiscal year 2018, our Board of Directors became more dedicated and involved in the longevity of the organization. We held long discussions about the future of the organization and finding a permanent home. We agreed that ownership is the way to go and began developing plans of how to achieve that goal. Going forward, our priority is to continue to work on our efforts in the areas of fund development and increased donor contribution to offset the many cost of sustaining the many constraints of a predominant cost reimbursable system from the grants and contracts awarded by the District of Columbia. In preparing for our continued growth as a forward thinking organization fostering member engagement, our Board will continue to vigorously tackle its mandate of a strategic plan fashioned to maintain the agency in a position of strength. If ERFSC is to fulfill its vision to be the pre-eminent human services agency in all of District of Columbia, then we need your help, your support, and your feedback. You are why we are here and together we can build the future for a thriving Ward 7 community.*



**Mae H. Best, LICSW**  
Executive Director



**Muriel Kennedy, PhD**  
Board Chair

# What is East River Family Strengthening Collaborative?

ERFSC operates as one of the five Healthy Families Thriving Communities Collaboratives (HFTCC) which began in 1996 and has operated as an independent stand-alone organization since October 2000. ERFSC partners with community residents and organizations (public and private) to reduce the number of children from entering the child welfare system, increase support systems to families, provide services to prevent homelessness, increase financial self-sufficiency, decrease youth violence, and ensure that persons with disabilities and older adults have the same rights and responsibilities as other people. The vision of ERFSC is that the Ward 7 community is equipped with the tools and skills to dramatically increase individual self-sufficiency and family stabilization through nationally recognized best practices developed by ERFSC and its partners.

As a hybrid agency, ERFSC offers direct services while simultaneously serving as a community hub. Through the support of local District of Columbia and federally funded grants and initiatives ERFSC has been fortunate enough to leverage its experience and grassroots base advocacy to more purposely serve and engage the community. These programs and services allow residents of Ward 7 and families to engage with one another in a unique way, shifting the focus from programming to actual family and/or community need. ERFSC's Programs include case management, referrals and linkages, network and coordination of community-based services. ERFSC manages over nine contracts and grants providing services and supports to one of the District's neediest populations in Ward 7. The supports include management of four senior services grants, managing truancy and attendance at 13 elementary and middle schools, overseeing youth linked to the DYRS, assisting families who are at risk of losing their TANF assistance, and working to support families who are homeless in finding housing and supporting families at risk of losing their children to the child welfare system. In addition, ERFSC subcontracts to small community-based agencies in Ward 7, helping them to develop their own capacity to provide services to residents. In fiscal year 2018, ERFSC began the process of introducing and adopting Protective Factors in its practice to promote the well-being of all of its program participants served in the agency. These are indicators or attributes in individuals, families, communities or the larger society that mitigate or eliminate risk in families and communities, thereby increasing the health and welfare of children and families. They help parents to find resources, supports, or coping strategies that allow them to parent effectively, even during periods of stress. Continued staff development opportunities on the framework of Protective Factors in fiscal year 2019 on parental resilience, social connections, concrete supports for parents, social and emotional competence of children and knowledge of parenting and of child and youth development will become entrenched in our work and practice in order to best serve and meet the needs of our residents.



The core of ERFSC is the dedicated staff made up of **91 Full-Time** and **23 Part-Time** Staff.

# Case Management Demographics

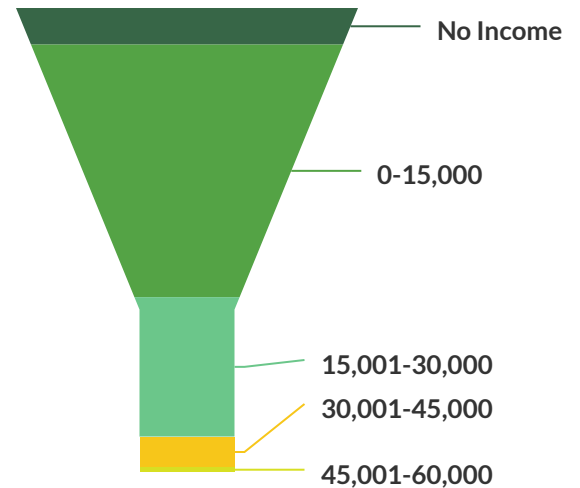
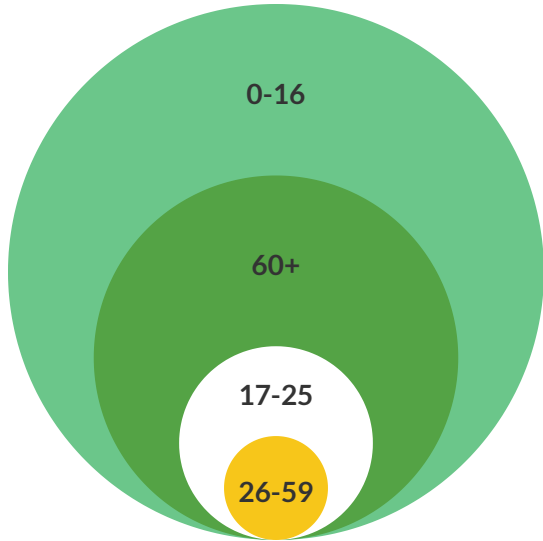


**Case Management** is the coordination and delivery of formal and informal services, activities and supports designed to optimize the well-being of children, youth, families and seniors.

Utilizing the 6 stages of case management model: **Engagement, Assessment, Intervention, Monitoring and Coordination, and Termination**, in FY18 East River served a diverse population of residents from Wards 7 and 8 ranging in age and household composition to include children (0-16 years old), young adults (17-25 years old), single or two parent heads of household (26-59 years old), and seniors (60 years old and over). Additionally, the majority of residents from Wards 7 and 8 have on annual a zero to low income ratio which creates economic instabilities that can be correlated to higher risk factors leading to the increased need for case management services. Though our primary constituency is Ward 7, in certain programs we serve residents throughout the city.

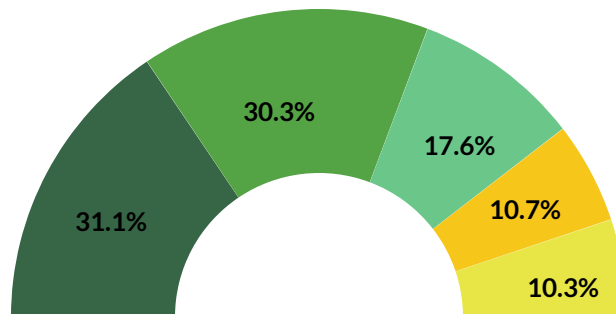


Families, Youth and Seniors in Wards 7 & 8 received Case Management services in FY18.



Participants receiving case management by age\*

Household income for those receiving case management\*



Number of children per household\*

- 1
- 2
- 3
- 4
- 5+

\*Data collected at Intake in the specified program, is voluntary and may include duplicates due to multiple enrollments.

# Core Services Requested



## Core Service Descriptions

*Case Management - coordination and delivery of formal and informal services, activities and supports designed to optimize the well-being of children, youth, families and seniors.*

*Employment Support - creation and updating of resumes, provision of information on hiring events and interview coaching*

*Financial Management - credit counseling, assistance with debt management, budgeting and education*

*Home Delivered Meals - Meals delivered to Seniors during weekdays and weekends*

*Housing Supports - housing advocacy, placement and retention support*

*Information - counsel given to participants on services and supports available to assist them*

*Mental Health Supports - coordination of a participants mental health services, assistance with medication management and assistance with locating service providers*

*Parenting Supports - assistance with addressing behavioral health issues, appropriate supervision, and parenting education*

*Truancy Support - aid provided to a family to reduce and/or prevent chronic truancy*

*Referral - connecting participants to requested services and supports*

*Rental Assistance - assistance with past due living expenses, security deposit and rental applications*

*Utility Assistance - assistance with past-due or terminated utility services by arranging payment plans, utilizing Flex Funds, or linking to other agencies in the district*

# Flex Funds: Emergency Financial Assistance



**Flexible Funds (Flex Funds)** are an essential component of effective social service supports to families and can fill gaps in service delivery that would otherwise not be available to a family. The approach to flex funds disbursement at East River is individualized, whereby the funds are used to build on family strengths and as a way to enhance the family’s engagement with the network of services and supports. Flex funds can further the coordination and integration of community supports, and allow for creativity in meeting the needs of the children, youth, families and seniors. Typically, funds are not used for ongoing expenses, but are more often one-time or occasional costs that connect to the needs identified by the family. Flex funds are often used as a last resort when other sources cannot meet the identified need. Flex funds are often used to allow families and children to remain together in their homes.

In FY18, over  
 **220,000**

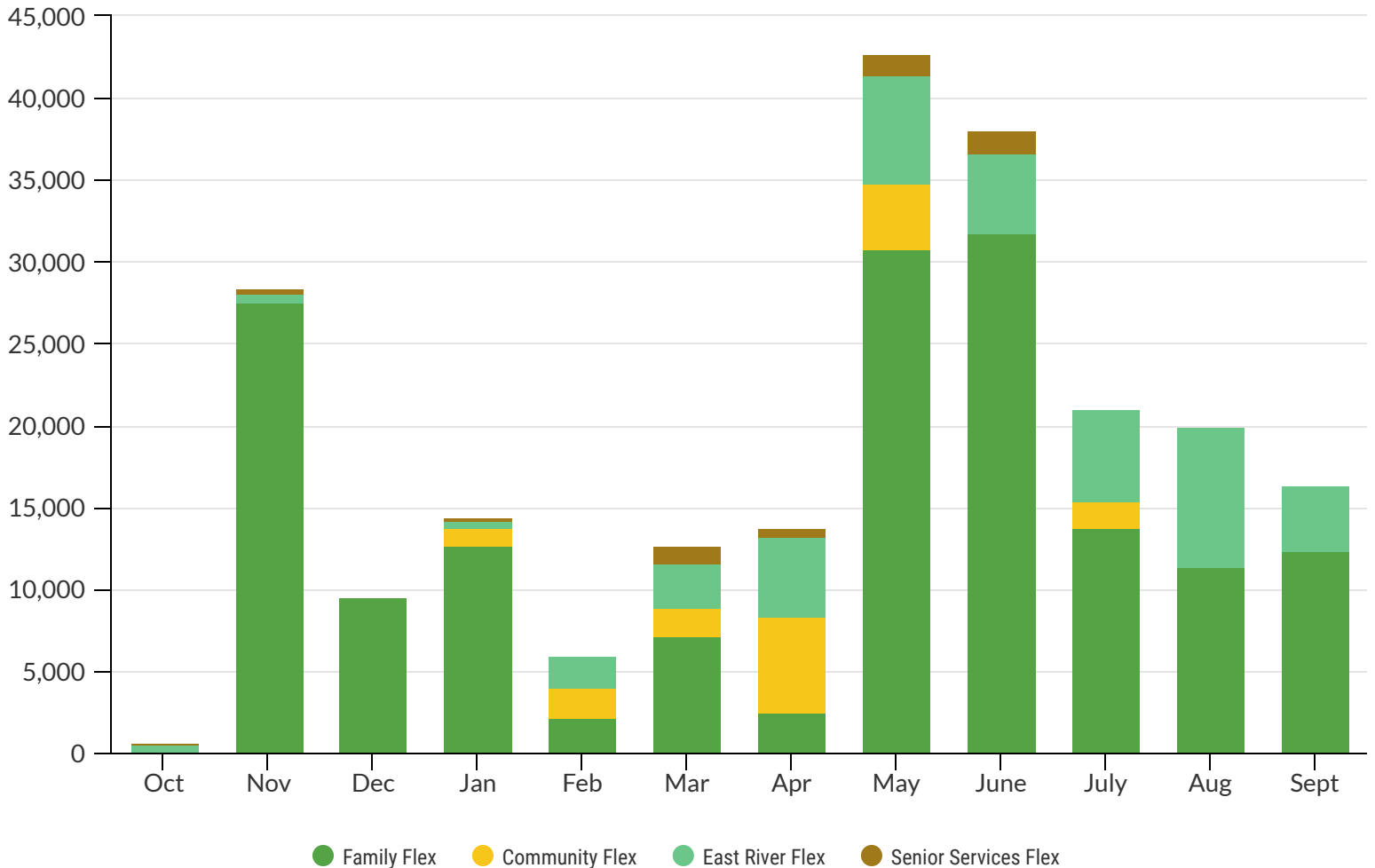
was distributed to program participants in need of Financial Assistance.

**Family Flex Funds:** Funds available for families referred from CFSA

**Community Flex Funds:** Funds available to families receiving services at ERFSC

**ERFSC Flex Funds:** Funds available to families receiving services (from the ERFSC budget)

**Senior Services Flex Funds:** Funds available to seniors receiving services at ERFSC





# Impact Overview: Children and Families



## Child and Family Services Agency

ERFSC through the contract with the **Child and Family Service Agency (CFSA)** served **327 families** in FY18.

Families referred to or walking in to ERFSC receive case management and can request support with any number of services. Quarterly, families participate in Whole Family Enrichment activities that help build a sense of community and promote family stability, resiliency, and social connections.

**72%** of families referred to ERFSC and dismissed in FY18, successfully received services.

**63%** of families referred to ERFSC and dismissed in FY18, were dismissed within the recommended length of stay.



*"I wanted to thank you all for all of your help and support. I lost my son and was helped with burial assistance. The Family Support Worker was very respectful and considerate to me during the times she met [with] or talked to me. I recently had knee surgery and I am trying to get stronger so that I can prevent anything else from happening to my other children." -CFSA Program Participant*

## Family Rehousing Stabilization Program



served in the FRSP sustained housing in FY18

During FY18 the **Family Rehousing Stabilization Program (FRSP)** contracted through **The Community Partnership for the Prevention of Homelessness** served **64 families** including **117 children**.

Throughout their time in the program, families receive case management and various other supportive services in an effort to assist with maintaining housing and increase income.

Of the 26 families dismissed during FY18, 50% received income from Employment. At program entry, only 19% of the dismissed received income from employment.

Throughout the course of FY18 families are surveyed to gauge their satisfaction with the services provided by FRSP Staff. At last survey in June of 2018, **96% of families** were at least satisfied with the case management services they received.



*"[FRSP Staff] are remarkable. Words couldn't begin to express in depth how grateful I am for them. The patience they displayed has been appreciated the most." -FRSP Program Participant*



*"The case managers have been very helpful and supportive." -FRSP Program Participant*



# Impact Overview: Children and Families



## Stand Up Show Out Truancy Reduction

The **Stand Up Show Out (SUSO) Truancy Reduction Program** contracted through the **Justice Grants Administration** works with students from 11 District of Columbia Public Schools (DCPS) and 2 Charter Schools.

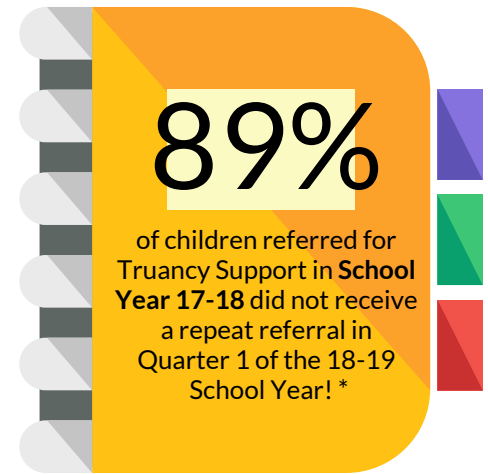
In School Year 17-18 the SUSO Truancy Reduction program received a total of **727 referrals**.

During the School Year SUSO staff participated in Student Support Meetings, School Attendance Meetings, and conducted outreach meetings with parents of chronically truant students. As a result of these efforts, only **71 cases** were opened for case management supports.

Throughout the summer SUSO staff made home visits, mailed letters, and made calls to families with students on the chronically truant list. These activities were meant to engage families and help children and families prepare for the new school year.

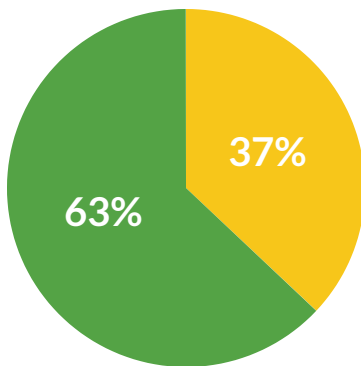


*"Staff was very communicative with me throughout the entire time she worked with me. I am very satisfied with the staff and what she did to assist my family." -SUSO Program Participant*



\*number of SY 18-19 8th graders receiving repeat referral unknown.

## Temporary Assistance to Needy Families Home Visit Program



### Successfully Engaged Customers

- Identified for POWER exemption
- Linked to DOES

Of the families successfully engaged in the program, **37%** were identified for the Program On Work Employment and Responsibility (POWER) exemptions and **63%** were linked to the Department of Employment Services (DOES) for possible employment opportunities.

The **Temporary Assistance to Need Families (TANF) Home Visit Program** contracted through the **Department of Human Services (DHS), Economic Security Administration (ESA)** supports sanctioned TANF customers or those in danger of sanction; to identify barriers to employment and participation, and help the customer find the most appropriate services to suit his/her needs.

In FY18, DHS/ESA referred a total of **183** customers. ERFSC TANF Home Visit Program.

- 81 were successfully engaged
- 71 customers were unsuccessful
- 21 unsuccessful were referred with incorrect addresses and/or telephone numbers
- 3 customers were REMOVED by DHS Office of Workforce Opportunity (OWO)
- 7 customers TANF Program Status were CLOSED

Barriers to engaging customers included:

- Customers residing in secure buildings
- Lack of customer follow through with DHS Family Resource Center/Office of Workforce Opportunity appointments
- Referred customers documented addresses and/or telephone numbers were Incorrect

# Children and Families: Parenting Supports



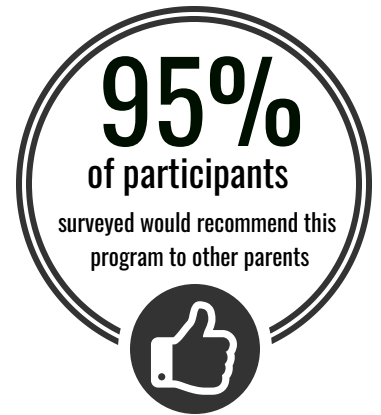
ERFSC facilitated several workshops, trainings, and groups to educate adults in Ward 7 on subjects including **Parenting Education, Financial Literacy, and Safe Sleep**. By providing workshops and groups that empower caregivers and encourage learning, ERFSC hoped to reduce cases of child maltreatment and develop awareness around permanency, child safety, and well-being.

## Parenting Education and Support Program

The **Parenting Education and Support Program (PESP)** funded through the **Child and Family Services Agency (CFSA)** provides parenting education workshops and training to both CFSA referred families and families walking in requesting services.

In FY18, PESP used a combination of **Evidence Based** and promising practice curricula to educate and support participants to increase positive parenting practices.

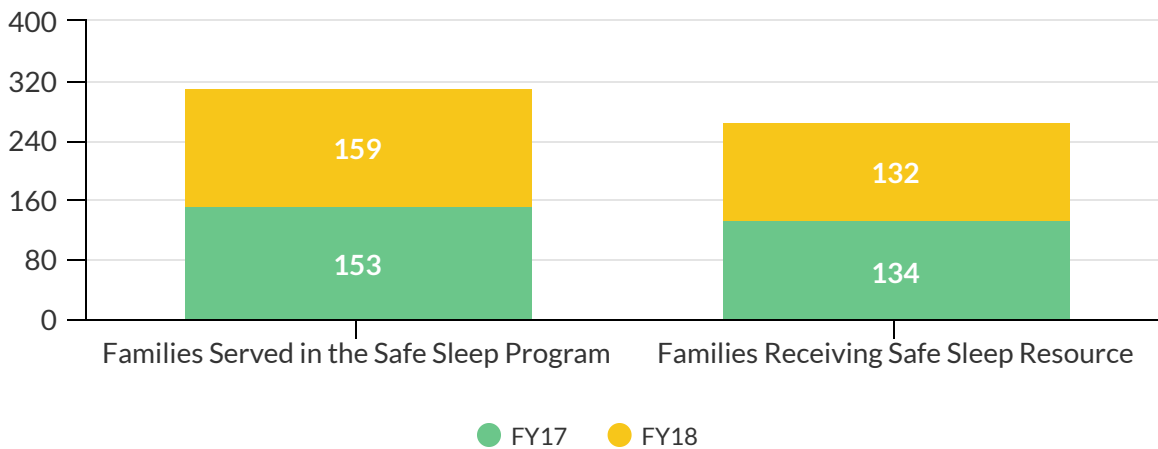
- Nurturing Parenting: Alcohol, Anger and Abuse
- Chicago Parenting Program
- Effective Black Parenting
- Active Parenting of Teens
- Parent Cafés



Parenting programs utilized the Protective Factors Survey to assess current parenting functioning. The two parenting programs available to serve families during FY18 were PESP for walk-in participants and Safe and Stable Families IV-E (SASF) for CFSA referred participants. Together both programs were referred and/or served **150 participants** in FY18.

## Safe Sleep Program

**CFSA** contracted with ERFSC to embark upon a 2 year city-wide campaign focusing on **Safe Sleep**. ERFSC entered a MOU with Far Southeast Family Strengthening Collaborative to service Wards 7 and 8. Since the campaigns end ERFSC continues to provide Safe Sleep training and resources (including Pack 'n' Plays, toddler beds, and bottles) to families in Ward 7.



## Financial Literacy Program

ERFSC in FY18 also facilitated **Financial Literacy** Workshops for existing program participants and the community. The workshop presented information on **Credit Repair, Banking, Establishing a Savings Account and Budgeting**.

In addition to Financial Literacy, **Coupons** classes were held for workshop participants, parents at our partner schools and in the Benning Terrace community.

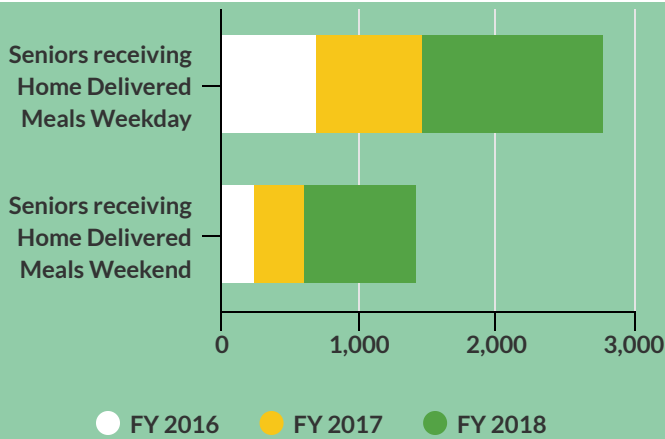
of participants demonstrated knowledge acquisition via Pre/Post Test.

# Impact Overview: Senior Services



In FY18, ERFSC contracted through the **DC Office on Aging** continued to serve Seniors in Ward 7 and was able to expand programs and services to seniors in Ward 8. In addition to core services including preventative health, education, and socialization opportunities provided by Lead Ward 7 and Ward 8, Senior Services offers the following programs:

- **Elderly & Persons with Physical Disabilities Waiver Program** - Medicaid Waiver choice program for the elderly and individuals with physical disabilities who are able to safely receive supportive services in a home and community-based setting. ERFSC provides case management services under the waiver program.
- **Caregiver Respite Care Program** - provides relief for primary caregivers to reduce caregiver burden and stress.
- **Grocery Shuttle Program** - offers transportation for seniors who are not in walking distance of a major grocery store.
- **Weekend Nutrition Program** - mid-day lunch on Saturdays at the Washington Senior Wellness Center



**Home Delivered Meals** provide seniors the ability to remain in their homes and live independently by providing the necessary nutritional support to protect against food insecurity

**1,301 Seniors** received Weekday Home Delivered Meals  
**746 Seniors** received Weekend Home Delivered Meals



*"We get health information about food, exercise and many other helpful suggestions"*  
 -Senior Services Program Participant



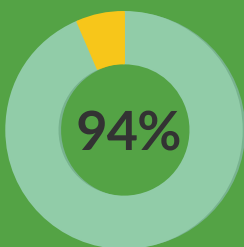
**917**  
**SENIORS**

**Received Case Management Services**

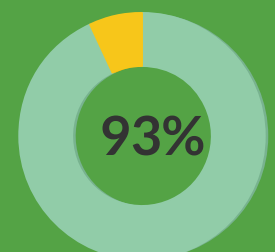
to increase the continuum of care for seniors to prevent institutionalization, allowing seniors to age in place at their home.

## Community Dining Site Senior Survey Data

Health promotions activities increased your awareness of healthy behaviors



Recreational/socialization services helped you to maintain an active and independent lifestyle



# Senior Services: Wellness Centers





In addition to the Community Dining Sites throughout Ward's 7 & 8, ERFSC contracted through the DC Office on Aging operates a Senior Wellness Center in Ward 7 and has grant oversight of another Senior Wellness Center in Ward 8. Senior Wellness Centers provide comprehensive programs that promote the health and wellness of Ward 7 and 8 senior residents 60 years of age and older. The programs serve as health education and applied learning centers with activities delivered through classes in nutrition, exercise, reflexology, smoking cessation and other health dialogues, seminars, support groups, auxiliary activities, creative arts, intergenerational programs and peer leader training. All services focus on wellness, health promotion and disease prevention.


## Washington Senior Wellness Center (WSWC)


Ward: 7


### Program Objectives


 Objective 1: To provide health prevention and Management of Chronic Disease and fall prevention programs for 2,100 duplicated seniors.

 Objective 2: To implement a disease prevention and health promotion (DPHP) component that is evidence-based for 65 unduplicated seniors

 Objective 3: To implement a Leisure and Education Division to organize travel opportunities and provide educational offerings for 1,000 duplicated seniors.

 Objective 4: To implement an Intergenerational Division Program for 100 duplicated seniors and young people.

 Objective 5: To implement a Civic Engagement Division to encourage a high level of community involvement and civic engagement for 60 duplicated seniors.


 Objective 6: To develop and implement a Structured Community Outreach Program to inform Ward 7 seniors of the programs and services of the Washington Senior Wellness Center and enroll 75 new members.


## Congress Height Senior Wellness Center (CHSWC)


Contracted to Far Southeast Family Strengthening Collaborative


Ward: 8


### Program Objectives


 Objective 1: Increase the number of new Congress Heights Senior Wellness Center members by 15% in the next 12 months, FSFSC will target seniors who are isolated, lack transportation and face other barriers in accessing the center.

 Objective 2: Develop intergenerational activities and partnerships with neighborhood high school and Department of Employment Services (DOES), Summer Youth Employment Program.

 Objective 3: Expand the hours of the Congress Heights Senior Wellness Center.

 Objective 4: Continue to provide daily exercise classes, incorporating an array of fitness activities which meet the fitness levels of program participants. Fitness activities will include classes that promote cardiovascular health, development of muscular strength and endurance and increase flexibility/balance.

 Objective 5: Conduct behavioral health and wellness activities to improve the quality of life of the senior participants.

 Objective 6: Identify Senior Wellness Center Participants who serve as the primary caregivers of minor children and provide supportive services and resources.

# Impact Summary: Youth in Communities

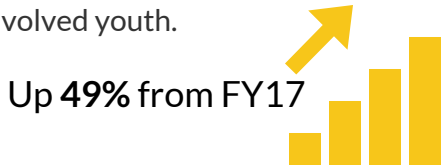


## Credible Messenger Initiative

The **Credible Messenger Initiative** provides mentoring and other supports to youth involved in the juvenile justice system and their families. Credible Messengers engage youth in services and activities with hopes to prevent them from re-offending and support reunification to their homes and communities.

Number of Youth Referrals: 39	Number of Family Intakes: 20
Number of Youth Intakes: 34	Number of Successfully Engaged: 16
% of Youth served without Abscondence /Recidivism: 79%	

Credible Messengers have provided **1,752 interventions/activities** provided to juvenile justice involved youth.



*"The mentoring program is very good. It's very helpful to have an older male adult helping me out and giving me tips". -CMI Program Participant*

## JGA SUSO Summer Enrichment

### "Mind, Body, and Soul Camp @ Benning Terrace"

**20 youth** from the Benning Terrace community participated in a 6 week summer enrichment focused on **Anti Bullying/Conflict Resolution, building Self Esteem, Nutrition and Safety**. Session topics also included **The Joy of Education and What School Means to my Future**. Activities included outings to DC museums, DC landmarks and a college tour. The enrichment activities aimed to help students gain a better understanding of their community and how it relates to their life and actions in the future.

#### Weekly Activities:

**Week 1:** Orientation & Activities

**Week 2:** Let It Out Anti bullying & Conflict Resolution & Visit to the Newseum

**Week 3:** Health Nutrition & Safety

**Week 4:** Going Green with Nature & Nurture Nature

**Week 5:** What School means to me & Tour of George Washington University

**Week 6:** Getting ready for school & Program Reflection

## Out of School Time

### "Safer Stronger Summer Experience 2018 @ Lincoln Heights"

ERFSC with funding from the **United Way of the National Capital Area** and the **Deputy Mayors Office on Education's Out of School Time** initiative, provided a summer enrichment experience for more than **100 youth** from the Lincoln Heights community. **40** of those youth participated throughout the whole summer and benefited from activities that reinforce the importance of maintaining physical fitness to improve overall health and well-being of their self.

#### Activities included:



Meal Preparation



Career Planning



Community Service



Fashion Design



Gardening

# Impact Summary: Community Engagement & Partnerships

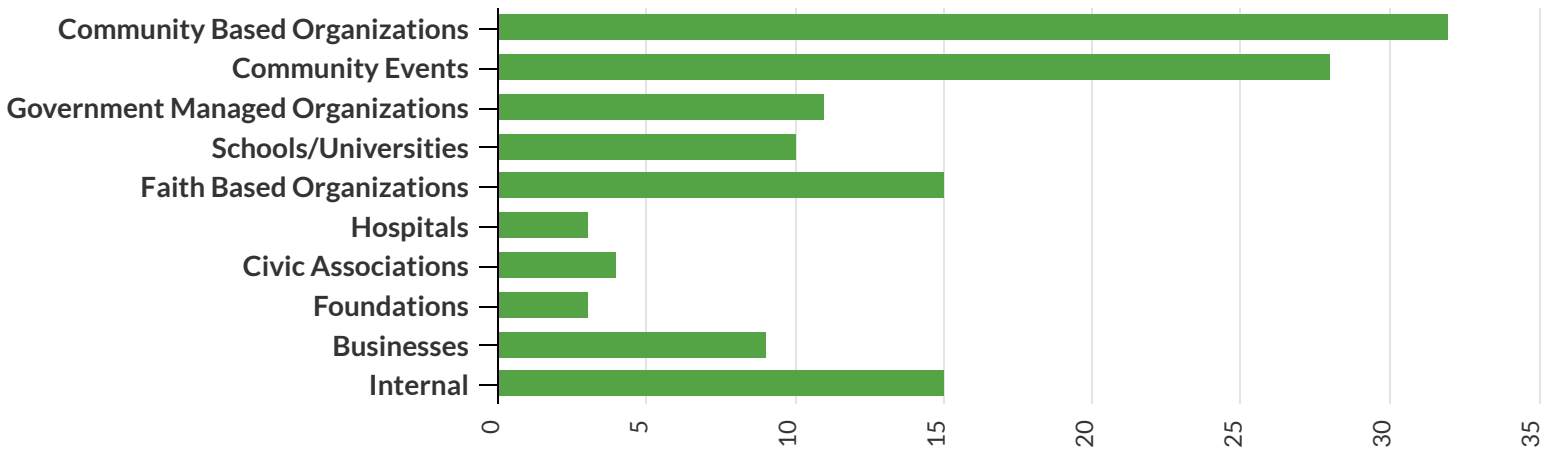


The **Community Engagement and Partnership Department (CEP)** is responsible increasing the visibility of ERFSC within the Greater Ward 7 and Ward 8 Communities. This goal is accomplished by deepening the relationships with ERFSC's existing stakeholders and clients and establishing new relationships with Wards 7 and 8 communities who are unaware of the services offered at ERFSC. The department also builds new partnerships and strengthens existing relationships with local and federal government agencies as well as public and private stakeholders to enhance our program offerings and to better serve our clients.

CEP communicated ERFSC's Vision and Mission through professional presentations in formal and informal settings utilizing professionally created collateral and social media outlets.

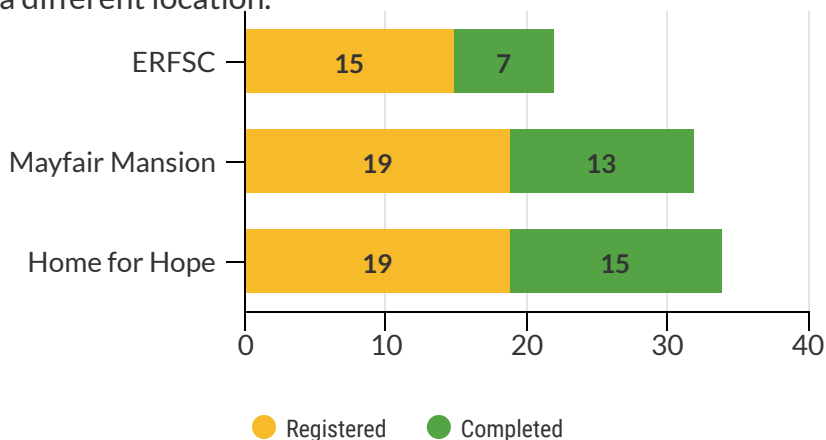
In FY18, CEP participated in more than **28 events / activities** that promoted awareness of ERFSC's programs and attended **102 meetings** to listen to the concerns of community and align them with ERFSC complement of program Offerings reaching **2889 persons** and distributing **4325 ERFSC Materials**.

FY18 reporting period we met with / attended the following meeting/events:



## Living Well Workshops

ERFSC coordinated three **Living Well Workshops** - Chronic Disease Management Program at three different locations. The locations included: ERFSC - in house staff, Mayfair Mansions, and Richardson Dwelling via Homes for Hope, Inc. from August through December 2018. Our goal was to provide classes for individuals with chronic disease and/or caregivers. We recruited a total of 53 participants. There were **35 participants** that graduated successfully. The sessions were run intermittently, weekly. Once a class ended another would pick up in a different location.





# Impact Summary: Capacity Grants



ERFSC supported and awarded over **\$450,000** in capacity grants to Ward 7 Non-Profits and Businesses to help build the capacity of emerging and local organizations providing services to the community. Grantees worked with families in the areas like The Arts, Nutrition and Adult Education/Employment.

## Funding Source: CFSA IV-E

FY18 was the last year programs received capacity building funding through CFSA IV-E .

**Youth Entrepreneur Institute - \$70,000** - Youth Entrepreneur Institute is proposing to serve families with parents (single mothers) ages 17 to 25 with children ages 0 to 6 in Ward 7 in a dynamic business and family incubator program. The Young Families Incubator Project focuses on a two-generational approach to provide opportunities and meet the needs of parents and their children together. The proposed program directly targets adult education/employment, crime, substance abuse prevention, healthy families, and early education.

**National Center for Children and Families (NCCF) - \$60,000** - NCCF, in collaboration with ERFSC and IDEA Public Charter School facilitated programming at the Parent Resource Center (PRC). The Parent Resource Center a two-generational program that offers specialized knowledge, skills, and expertise to meet the unique needs of particular groups of families who may reside in neighboring communities.

**Higher Hopes to Outcomes/Love More Movement - \$60,000** - Love-More Healing Circles are a creative, strength-based approach to Trauma Informed Care and Transformational Leadership that begin with trust building sessions facilitating open and honest communication.

**Healthy Living Inc. - \$60,000** - The HLI bridges the gap in nutrition education and healthy meal preparation for women recipients of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) program residing in Ward 7 (W7) of the District of Columbia.

**Preparedness Initiatives - \$60,000** - To provide capacity building services to awardees of the 2018 Capacity Building grants and other organizations identified by East River Family Strengthening Collaborative.

**Building Bridges to Success, Inc. - \$59,100** - Ward 7 Community and Leadership Development Technical Assistance work will focus on developing fundamental skills for leadership and community development. The work also focused on both the needs of individual residents and community organizations through key events such as Parent Cafes, Ward 7 Day, etc.

## Funding Source: OVSJG

Programs funded through OVSJG support children participating in the Middle School Truancy Diversion Programs in Sousa and Kelly Miller Middle Schools.

**Urban ED - \$32,040** - Urban ED is technology-based program, offered to Sousa Middle School truancy students. During this program, students learned coding, how to create games and apps, and they learned about obtaining a career in IT. After every quarter, each student who participated and cooperated, received a stipend in the amount of \$50-\$75.

**Take Charge - \$19,358** - Take Charge is a basketball program. This program was offered to the truancy students at both Sousa Middle School and Kelly Miller Middle School. During this program, students were taught leadership and life building skills. Students also learned different basketball drills.

**SWAG Art Works - \$24,970** - SWAG Art Works is an art program at both, Sousa Middle School, and Kelly Miller Middle School. This program allowed students to express themselves through drawing and painting. At the end of the school year, students created a mural to represent their school and community.



# Impact Summary: Youth Interventions (Mini Grants)



ERFSC supported and awarded over **\$49,000** in mini grants to Ward 7 Non-Profits and Businesses to help build the capacity of emerging and local organizations providing services to the community. During the summer, grantees provided children and families with Mentoring, Social/Emotional Supports and Creative Expression.

## Funding Source: CFSA IV-E

FY18 was the last year programs received capacity building funding through CFSA IV-E .

**Community Services Foundation - \$5,000** - Community Services Foundation will serve 20 Adults from Benning Park (PSA 604) with the CSF Life Enrichment and Advancement Program (LEAP) for Adults and Seniors, which is designed to help develop their personal, professional, family and life skills.

**DC Urban Greens Inc. - \$5,000** - The Urban Agriculture Training Program increases youth self-reliance in PSA 603, reduce unemployment and avert youth by providing skills in a growing field of work. DC Urban Greens will collaborate with SYEP to accommodate 5 Ward 7 youth.

**My Silence Speaks - \$5,000** - My Silence Speaks is a 6 session writing program for up to 10 students to write a poem, rap or song using their curriculum. The program consists of 5 weekly classes with the last week ending with a youth performance for their peers.

**SMILE Therapy Services - \$5,000** - SMILE Therapy Services will provide social/emotional workshops for youth and parents of the Boys and Girls Club (Richard England) during their summer camp.

**Young Ladies Taking Action - \$5,000** - YLTA is a program for teen girls in Ward 7 that offers free Civic Education and creates opportunities for youth to utilize the information and take civic action in their everyday lives.

**Amala Lives - \$4,000** - Amala Lives provides intensive mentoring for teens in Ward 7. The program includes: one on ones 2-4 times a week, weekly group sessions, school visits twice a month and monthly field trips or special events.

**Do The Write Thing - \$4,000** - Do the Write Thing will use the funds from the mini-grant to produce 100 personalized books for 100 Pre-K-3rd grade students at Aiton Elementary School as an event in extension of their Living Storybook Program.

**Got It Goin On - \$4,000** - Using the "Got it Going On II" Curriculum by Janice Ferebee, this program will provide teens girls with 2 weekly sessions for 5 weeks. These sessions include discussing topics around self-esteem, fitness, life skills, social skills and other fundamentals around positive self-image.

**Xios Angels - \$4,000** - In this program girls 10-16 will be taught and guided by industry-trained professionals called "Beauty Mentors" over 6 months with three components: Beauty Bootcamp, 2018 Ward 7 Girls Rock Conference and the Hair for Homeless Initiative.

**East of the River Steelband - \$3,000** - This is to partially support funding for the East of the River Steelband on their trip to Gullah Island and to support youth programming. The ward 7 youth range in ages from 9 to 18 years of age.

**Friends of Kenilworth Aquatic Gardens - \$3,000** - This partnership with Friends, NPS DCPNI and other community partners connects children and families from the Ward 7 community to the Gardens. Families will be provided fun and engaging activities throughout the summer.

**Northeast Performing Arts - \$2,000** - NEAP's Summer in the Arts is a 9-week camp where up to 30 children will be provided with arts education, literacy and math skills training, recreational and cultural enrichment activities and the opportunity to produce and perform in a major theatrical production.



# Impact Summary: Supplemental Summer Program Funding

## Out of School Time

### ”Safer Stronger Summer Experience 2018 @ Lincoln Heights”

ERFSC provided enriching summer programming utilizing 6 community partnering organizations approved by the Out of School Time initiative as subcontractors. ERFSC chose 3 developmental outcomes: Building A Better Me, Striving to Achieve and Expressing Myself to focus and structure the programming our subcontractors would deliver to the youth.

Program Name	Program Goals	Target Audience	Amount Awarded
The Soccer Pros- Hip Hop	To teach youth the Art of HIP HOP Dance	13 - 17 Years Old	\$10,000
The Soccer Pros- Robotics	Introduce youth to the world of robotics by building and programming a robot	11 - 13 Years Old	\$8,000
The Green Scheme	To teach youth the basics of urban farming through direct interactions with staff at community gardens.	6 - 12 Years Old	\$8,000
The Thinking Cap	To teach youth to develop Self Love Career goals and Finance	6 - 12 Years Old	\$8,000
Amala Lives	To teach youth basic culinary arts skills	5 - 12 Years Old	\$8,000
Day Break	To teach youth basic life skills and how to care for their community	5 - 13 Years Old	\$3,000



### Take Charge @ Smothers Elementary School

**Take Charge - \$11,800** - Take Charge is a leadership and athletics program. This program was offered to students participating in summer activities/education Smothers Elementary School. During the summer, the program sought to use athletics to promote leadership and teach life building skills. Students also learned different basketball drills and were encouraged to stay active during the summer.

# Stakeholders



The Child and Family Services Agency  
**\$4,869,801**



Department of Aging and Community Living  
formally District of Columbia Office on Aging  
**\$2,627,511**



Office of Victim Services and Justice Grants  
**\$542,611**



Department of Youth Rehabilitation Services  
**\$472,513**



The Community Partnership  
For the Prevention of Homelessness

The Community Partnership for the  
Prevention of Homelessness  
**\$246,300**



DC DEPARTMENT of  
HUMAN SERVICES

Department of Human Services  
**\$200,000**



United Way Out of School Time  
**\$100,000**

Anacostia Park & Community Collaborative  
Share Funds Founder: Julie Jacobson  
**\$7,000**

# ERFSC Board of Directors



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Ms. Mae H Best, LICSW



# East River Family Strengthening Collaborative Staff



Mae H. Best, Executive Director  
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Ronald Stevenson, Facilities Assistant

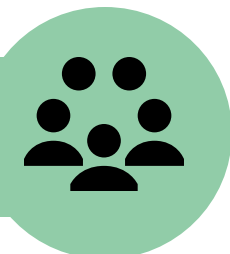


## Quality Assurance

Minnie Allen, Director, LICSW Quality Assurance  
Octavia Holmes-Smith, Quality Assurance Manager  
Yolanda Dunston, Quality Assurance Specialist  
Sharnetta Smith, Quality Assurance Specialist

## Family & Youth Programs

Jamie Dixon, LICSW LCSW-C Clinical Director  
Artherelle West, LGSW LMFT Director Family and Youth Program  
Miya Raspberry, Supervisor (CFSA)  
Leslie Duff, Supervisor (CFSA)  
Nura Green PhD, PESP Manager (CFSA)  
Nicole Styles, Project Coordinator (CMI)  
Carlos Murrell, Supervisor (SUSO)  
Antwinette Simpson, Supervisor (FRSP)  
Karissa Bracey, Intake Specialist (CFSA)  
George Adusei, Housing Coordinator (CFSA)  
Gloria Dease, Family Support Worker (CFSA)  
Ebony Scott, Family Support Worker (CFSA)  
Elizabeth Whitlow, Family Support Worker (CFSA)  
Leona Brown, Parent Educator (CFSA)  
Terri Newman, Lead Family Engagement Specialist (CMI)  
Cleveland Copeland, Lead Transformative Mentor (CMI)  
Keith Cunningham, Transformative Mentor (CMI)  
Rodney Thomas, Transformative Mentor (CMI)  
Terrance Davis, Family Support Worker (CFSA)  
RaShawnda Person, Family Support Worker (CFSA)  
Deborah Smith, Family Support Worker (CFSA)  
Cristal Hayes, Lead Family Support Worker (SUSO)  
Octavia McIntyre, Middle School & Youth Coordinator (SUSO)  
November Coates, Youth Coordinator (SUSO)  
Gerald Moore, Family Support Worker (SUSO)  
Tephaine McPherson, Family Support Worker (SUSO)  
Angela Scales, Family Support Worker (SUSO)  
Tamika Ford, Housing Specialist (FRSP)  
Dominique Mathis, Family Support Worker (FRSP)





# East River Family Strengthening Collaborative Staff



## Community Partnership

Irwin Royster, Director, MPH Community Partnership  
Donnita Bennett, Resource Specialist



## Senior Services – Ward 7

Paulett Costley, LD Director Senior Services (Lead Agency – Wards 7 & 8)  
Katedra Sullivan, LICSW Clinical Manager  
Jacquelyn Henry EdD, Program Director (WSWC)  
Chicquita Bryant, Program Coordinator  
Lillian Chambliss, Fitness Manager (WSWC)  
Teresa Crenshaw, LGSW, Social Worker  
Shymee Davis, LN Nutritionist (WSWC)  
Carolyn Hilliard, Nutrition Center Manager (WSWC)  
Karla Ramirez, Administrative Assistant (WSWC)  
Quentin Douglas, Home Delivered Meals Coordinator  
Robin Gantt, Recreation/Activities Coordinator  
Doris Gunn, Nutrition Aide  
Giovanna Hunt, LGSW Social Worker  
Lily Johnson, Nutrition Center Manager (PT Johnson)  
April Lee, Data Entry Specialist  
Eraina Lindsey, Heavy Duty Housecleaning Coordinator  
George Marrow, Nutrition Aide  
Laurie Molson, Nutrition Aide  
Marilyn Murray, Nutrition Aide  
Osa Ogbebor, Home Delivered Meals Coordinator  
Williard Pray, Data Entry Specialist  
Nadine Prince, LSWA Social Worker  
Marie Segears, Nutrition Center Manager (Mayfair)



## Senior Services – Ward 8 (Lead Agency )

Aisha Bailey, Project Director  
Naytasha Varner, Director Deaf and Hard of Hearing Director  
Ira Bennett, LICSW Supervisory Social Worker  
Cherelle Fennell, Home Delivered Meals Coordinator, Consultant  
Patricia Ferguson, Office Manager  
Willie Mae Footman, Site Manager (Deaf and Hard of Hearing–Overlook)  
Jasma Grantham, Outreach & Activities Coordinator  
James Johnson, Site Manager (Knox Hill)  
Evelyn Minor, LDN Nutritionist  
Laverne Murrell, Site Manager (SOME Kuehner House)  
Aireka Washington, Data Manager  
Tracy Welch, LGSW Social Worker  
Carolyn Williams, Site Manager (CHWS)



# Donors

Thank you to our donors for your generous contribution. Your contributions helped us to better serve the residents of Ward 7.

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EYL 365 Project  
Fried, Frank, Harris, Shriver & Jacobson LLP  
Pilgrim Rest Baptist Church  
Safari Consulting Services LLC



# East River Family Strengthening Collaborative FY2018 Events



is inviting you to our Fifth Annual  
**Ward 7 Women of Excellence Awards Luncheon**

**TUESDAY, MARCH 27, 2018**

12:00pm to 2:00pm

St. Luke's Center

4923 East Capitol Street, SE

Washington, DC 20019

Lunch~Entertainment~Awards Presentation~Vendors

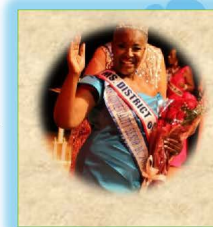


The Washington Seniors Wellness Center invites you to celebrate the Season of Summer at...

## **"CONNECTING CULTURES"**

### **A Celebration of The Caribbean**

This event will feature Caribbean food, music, a fashion show including Caribbean models and WSWC seniors, giveaways, and a very special appearance and presentation by Ms. Senior-DC 2018, *Phyllis Jordan*



**Where:** Washington Seniors Wellness Center

3001 Alabama Avenue, SE,  
Washington, DC 20020

**When:** Thursday, August 16, 2018

**Time:** 4:00pm to 7:00pm

**RSVP:** Rosie Parke at [rosie@wsdc.org](mailto:rosie@wsdc.org)  
or 301-395-1013



If you are a member of WSWC and would like to be a model at this event, please contact Rosie Parke by August 4th.

East River Family Strengthening Collaborative  
presents the first annual  
Family Holiday Celebration

## *Winter Wonderland*

*Games*

Saturday, December 16, 2017

1:00 pm-3:00 pm

Chateau Remix

3439 Benning Rd, NE

Washington, DC 20019

*Food*

*Raffle*

Please RSVP by December 8, 2017 to Donnita Bennett  
at [dbennett@erfsc.org](mailto:dbennett@erfsc.org) or 202-440-2472

*Family*



*Gifts*

ERFSC'S ANNUAL

# Parents' Night Out

**Thursday, August 23, 2018**

**6:00pm to 8:30pm**

**AT THE**

**CHATEAU REMIX**

**(3439 Benning Road NE)**

**Wear your best WHITE outfit!**

Parents want to have FUN, too.

Come out, socialize and network with  
parents from Ward 7.

**FREE DINING, DANCING, MUSIC, and  
FUN, FUN, FUN!**





3917 Minnesota Avenue NE, Washington D.C. 20019

Connect with us...

 (202) 397-7300

 EastRiverFamily

 ERFSCWard7

 @erfsc

