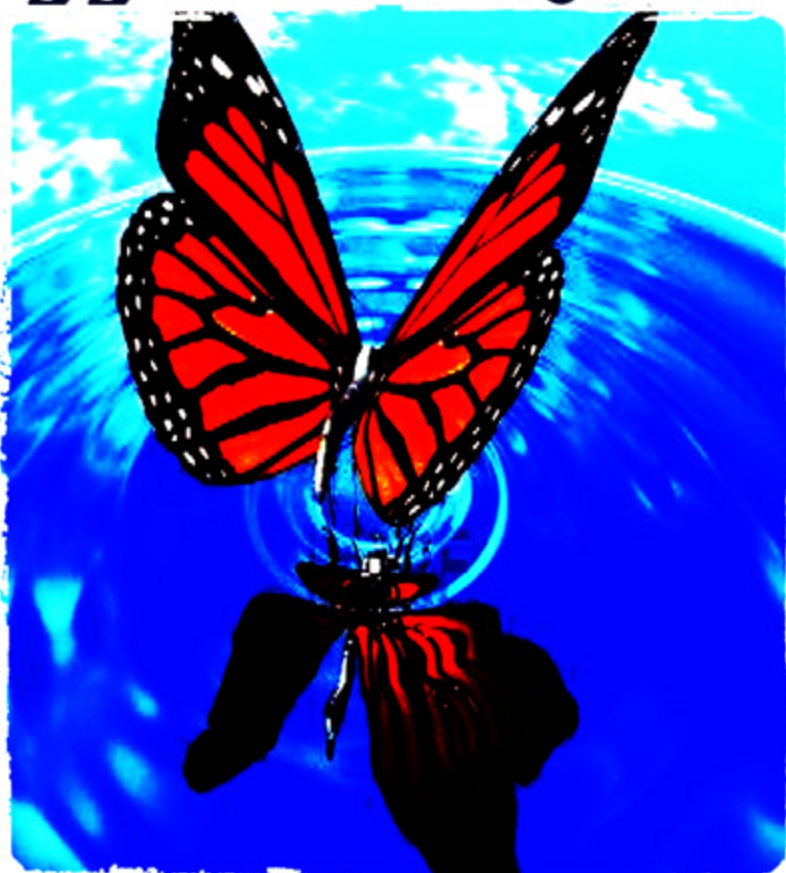


Coping During the Holidays: By Finding My "Triggers To Joy"



With Dr. Bruce Purnell
Wednesday December 16th 6-8pm
Registration: *Zoom Link will be provided*

www.drbruceholiday.eventbrite.com

or RSVP to Shannon Parker @



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