

EAST RIVER FAMILY

STRENGTHENING COLLABORATIVE

PARENTING  
IS MY  
SUPERPOWER

# NURTURING PARENTING PROGRAM

**5 WEEKLY, 2 HOUR SESSIONS EACH MONDAY BEGINNING**

MONDAY, OCTOBER 5, 2020

6:00 PM TO 8:00 PM

**TO RESERVE A SPACE OR FOR MORE DETAILS CONTACT  
JANEISE STURDIVANT  
JSTURDIVANT@ERFSC.ORG**

CLASSES ARE  
FREE

THE NURTURING PARENTING PROGRAM IS A FAMILY-CENTERED TRAUMA-INFORMED INITIATIVE DESIGNED TO BUILD NURTURING PARENTING SKILLS AS AN ALTERNATIVE TO ABUSIVE AND NEGLECTING PARENTING AND CHILD-REARING PRACTICES. THIS A SERIES OF 5 INDEPENDENT 60 TO 90 MINUTE LESSONS. THE LESSONS ARE A VERSATILE MEANS OF EDUCATING FAMILIES IN THE COMMUNITY ON THE PHILOSOPHY AND SKILLS OF NURTURING PARENTING, A PROVEN EVIDENCED BASED PARENTING PROGRAM.